

# Grocery List

## Fresh Vegetables

\_\_\_ Asparagus  
\_\_\_ Bell Pepper  
\_\_\_ Broccoli  
\_\_\_ Cabbage  
\_\_\_ Carrots  
\_\_\_ Cauliflower  
\_\_\_ Celery  
\_\_\_ Corn  
\_\_\_ Cucumbers  
\_\_\_ Garlic  
\_\_\_ Green Beans  
\_\_\_ Lettuce  
\_\_\_ Mushrooms  
\_\_\_ Onions  
\_\_\_ Potatoes  
\_\_\_ Red/Green Chili's  
\_\_\_ Snow Peas  
\_\_\_ Spinach  
\_\_\_ Squash  
\_\_\_ Sweet Potatoes  
\_\_\_ Tomatoes  
Other \_\_\_\_\_  
Other \_\_\_\_\_

## Fresh Fruits

\_\_\_ Apples  
\_\_\_ Avocados  
\_\_\_ Bananas  
\_\_\_ Blueberries  
\_\_\_ Grapefruit  
\_\_\_ Grapes  
\_\_\_ Melon  
\_\_\_ Oranges  
\_\_\_ Peaches  
\_\_\_ Pears  
\_\_\_ Pineapple  
\_\_\_ Plums  
\_\_\_ Strawberries  
Other \_\_\_\_\_  
Other \_\_\_\_\_

## Cereal & Dry Goods

\_\_\_ Breakfast Cereal/Bars  
\_\_\_ Dried Beans  
\_\_\_ Grits  
\_\_\_ Oatmeal  
\_\_\_ Macaroni  
\_\_\_ Mac & Cheese Dinner  
\_\_\_ Pasta  
\_\_\_ Rice  
\_\_\_ Toaster Pastries  
Other \_\_\_\_\_  
Other \_\_\_\_\_

## Meats, Fish & Poultry

\_\_\_ Bacon  
\_\_\_ Chicken  
\_\_\_ Deli Meats  
\_\_\_ Fish/Seafood  
\_\_\_ Ground Beef  
\_\_\_ Ham  
\_\_\_ Hot Dogs  
\_\_\_ Liver  
\_\_\_ Pork Chops  
\_\_\_ Roast  
\_\_\_ Sausage  
\_\_\_ Steak  
\_\_\_ Turkey  
Other \_\_\_\_\_  
Other \_\_\_\_\_  
Other \_\_\_\_\_

## Dairy

\_\_\_ Butter  
\_\_\_ Cheese  
\_\_\_ Cottage Cheese  
\_\_\_ Cream Cheese  
\_\_\_ Eggs  
\_\_\_ Margarine  
\_\_\_ Milk  
\_\_\_ Sour Cream  
\_\_\_ Yogurt  
Other \_\_\_\_\_

## Bread

\_\_\_ Crackers  
\_\_\_ Hamburger Buns  
\_\_\_ Bread  
\_\_\_ Biscuits/Rolls  
\_\_\_ Tortillas  
Other \_\_\_\_\_

## Baking Goods

\_\_\_ Baking Powder  
\_\_\_ Baking Soda  
\_\_\_ Brown Sugar  
\_\_\_ Cake Mix  
\_\_\_ Cocoa  
\_\_\_ Flour  
\_\_\_ Nuts  
\_\_\_ Powdered Sugar  
\_\_\_ Pudding Mix  
\_\_\_ Salt  
\_\_\_ Spices  
\_\_\_ Sugar  
\_\_\_ Sugar Alternative  
\_\_\_ Yeast  
Other \_\_\_\_\_

## Frozen Foods

\_\_\_ French Fries  
\_\_\_ Ice Cream  
\_\_\_ Popsicles  
\_\_\_ Vegetables  
\_\_\_ TV Dinners  
Other \_\_\_\_\_  
Other \_\_\_\_\_  
Other \_\_\_\_\_

## Canned Fruits, Vegetables & Other

\_\_\_ Applesauce  
\_\_\_ Asparagus  
\_\_\_ Baked Beans  
\_\_\_ Carrots  
\_\_\_ Chili  
\_\_\_ Corn  
\_\_\_ Green Beans  
\_\_\_ Peas  
\_\_\_ Pinto Beans  
\_\_\_ Pork and Beans  
\_\_\_ Potatoes  
\_\_\_ Tomatoes  
\_\_\_ Peaches  
\_\_\_ Pears  
\_\_\_ Pineapple  
\_\_\_ Mixed Fruit  
\_\_\_ Pie Filling  
\_\_\_ Soup  
Other \_\_\_\_\_  
Other \_\_\_\_\_  
Other \_\_\_\_\_

## Condiments

\_\_\_ BBQ Sauce  
\_\_\_ Honey  
\_\_\_ Peanut Butter  
\_\_\_ Hot Sauce  
\_\_\_ Jelly  
\_\_\_ Ketchup  
\_\_\_ Mayonnaise  
\_\_\_ Mustard  
\_\_\_ Olive Oil  
\_\_\_ Canola/Veg. Oil  
\_\_\_ Salsa  
\_\_\_ Soy Sauce  
\_\_\_ Steak Sauce  
\_\_\_ Syrup  
\_\_\_ Salad Dressing  
\_\_\_ Worcestershire  
Other \_\_\_\_\_  
Other \_\_\_\_\_  
Other \_\_\_\_\_

## Snacks

\_\_\_ Brownies  
\_\_\_ Cakes  
\_\_\_ Candy  
\_\_\_ Chips  
\_\_\_ Cookies  
\_\_\_ Pretzels  
\_\_\_ Popcorn  
Other \_\_\_\_\_

## Baby

\_\_\_ Formula  
\_\_\_ Diapers  
\_\_\_ Baby Food  
\_\_\_ Baby Shampoo  
\_\_\_ Baby Wipes  
\_\_\_ Cereal

## Drinks

\_\_\_ Juice  
\_\_\_ Coffee  
\_\_\_ Tea  
\_\_\_ Creamer  
\_\_\_ Soda  
\_\_\_ Beer/Wine  
Other \_\_\_\_\_

## Other

\_\_\_ Bath Soap  
\_\_\_ Cigarettes  
\_\_\_ Coffee Filters  
\_\_\_ Deodorant  
\_\_\_ Dishwashing Soap  
\_\_\_ Dishwasher Detergent  
\_\_\_ Fabric Softener  
\_\_\_ Laundry Detergent  
\_\_\_ Napkins  
\_\_\_ Paper Towels  
\_\_\_ Personal Care Products  
\_\_\_ Razor(s)  
\_\_\_ Shaving Cream  
\_\_\_ Shampoo/Conditioner  
\_\_\_ Spot Remover Spray  
\_\_\_ Toilet Tissue  
\_\_\_ Facial Tissue  
\_\_\_ Toothpaste  
\_\_\_ Floss  
\_\_\_ Mouthwash  
Other \_\_\_\_\_  
Other \_\_\_\_\_

## Pet Supplies

\_\_\_ Food & Snacks  
\_\_\_ Litter